

6th & 7th Grade Cross Country



Attention all 6th and 7th grade students: Salem City has a XC program!
Every Monday and Thursday from 4:45-5:30 p.m. at the Salem Hills HS Track
Coached by Jen Hughes and athletes from the HS XC team!

Meet schedule:

-**August:** Monday, 31st - Intrasquad Meets – 1K – In your home city

-**September:** Monday, 7th – No Meets or Practices – LABOR DAY

-Monday, 14th – Host Salem – 2K - Salem Elementary School (140 W. 100 S., Salem) Check-in 5:00/Starts 5:30pm

-Monday, 21st – Host Saratoga – 3K – Talons Cove Golf Course (2220 S. Talons Cove Dr., Saratoga Springs) Check-in 5:00/Starts 5:30pm

-Monday, 28th – Host Pleasant Grove – 2K – Manilla Creek Park (Pond) (706 W. 3300 N., PG) Check-in 5:00/Starts 5:30pm

-**October:** Monday, 5th – Host Provo – 4K – Kiwanis Park (1019 N. 1100 E., Provo) Check-in 5:00/Starts 5:30pm

-Monday, 12th – Regional Invitational Host Spanish Fork – 3K – Sports Park (295 W. Volunteer Dr., S.F) Check-in 4:30pm/Starts 5:00pm

Go to Salem Recreation or visit their website to join!! Or contact Jen Hughes for questions: 801-787-1844

Come Join The Fun!