

To the Parent/Guardian,

Your student has been exposed to COVID-19 in a school setting. The school was able to verify that both parties (you and the person who tested positive) were wearing masks at the time of exposure. You do not have to quarantine if you are not showing symptoms of COVID-19. It is not recommended to get your student tested for Covid-19 "just to see" unless they start presenting with symptoms.

IF YOU DEVELOP SYMPTOMS ISOLATE AND GET TESTED IMMEDIATELY

Who needs to be tested for COVID-19?

Your student should get tested if they develop symptoms:

Fever of 100.4 F (38 C) or higher, sore throat, cough, shortness of breath, muscle aches and pains, and/or a decreased sense of taste or smell are COVID-19 symptoms. Your student should get tested if they have any of these symptoms.

Utah County Health Department may ask that they be tested if they were in close contact of someone who tested positive, even if they do not feel sick.

Do I need return to school/work documentation?

Utah County Health Department does not provide documentation for "return to work/school". Please notify your employer/school, as appropriate or needed. Consider sharing this letter with them, as appropriate.

Questions? UCHD 801-851-HELP (M-5 8:30 – 5) OR 1-888-EPI-UTAH (1-888-374-8824) 24/7

[Coronavirus.Utah.Gov](https://coronavirus.utah.gov)

[What is quarantine?](#)

[Self-Isolation/Quarantine Self Care Booklet](#)

[Utah Coronavirus School Manual](#)